

Gratitude Worksheet

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|--|------|
| Name | Date |
| Something good that happened today was | |
| | |
| Someone I am grateful to is <input type="text"/> because | |
| | |
| A place I am grateful for is <input type="text"/> because | |
| | |
| I am grateful for who I am because | |
| | |
| Something else I am grateful for is <input type="text"/> because | |
| | |
| Tomorrow, I'm looking forward to | |
| | |