



## Let's talk about you

Please elaborate on your personal background. Where are you from, where you grew up, describe your family, and any other details that you'd like to share.

Describe your current goals. These can be business goals, personal goals, or a combination of the two.

Have you worked with a coach before?

Yes

No

Why have you decided to work with a coach? Why now?

What else is important that you want to share and that will help prepare for our meeting?