

This going to be an amazing journey

Congratulations on taking this first step! Committing to this 50-minute breakthrough session could be the most powerful thing you've done for yourself in a long while. I'm looking forward to giving you results in our time together. The purpose of this Worksheet is to give me some context for YOU and what you're dealing with so our time is the most effective it can be.

What are you struggling with?

What would it be like if you had it ALL in this area?

What have you tried so far?

And finally... what made you decide to take this step forward today?

Thanks for taking the time to prepare for our breakthrough session - I'm looking forward to jump-starting the path toward your goal. Speak soon!